

# Know Your Identity!

## 31 Ways God Sees You: Your True Identity

To combat the lies that destroy our identity, we need to know the truth. Here are 31 truths about your identity and how God sees you.

When lies float through your head, remind yourself of these truths. (You can say 'I' or use your name.) Say them aloud. Sing them. Chant them.

When you start to compare yourself to others and talk negatively to yourself, ask God to bring these truths to your attention.

When you feel discouraged and your identity is riding up and down on the waves of emotions and circumstances, ask God to help you see yourself as he sees you.

And when you are complaining and being negative towards someone else, ask God to help you see them as he sees them.

1. I am a child of God. (John 1:12)
2. I am beautiful. (Daniel 12:3)
3. I am a friend of Jesus. (John 15:15)
4. I am loved by God. (1 John 4:10)

5. I am made by him. (Isaiah 43:1)
6. I am created to do good. (Eph. 2:10)
7. I am lovely. (Daniel 12:3)
8. I am chosen and loved. (1 Thes. 1:4)
9. I am a new creation. (2 Corin. 5:17)
10. I am God's possession. (Titus 2:14)
11. I am part of God's family. (Eph. 2:19)
12. I am loved. (Jeremiah 31:3)
13. I am secure in my future. (1 Peter 1:3-5)
14. I am the apple of his eye. (Zech. 2:8)
15. I am strong. (Psalm 68:35)
16. I am not ruled by fear. (2 Tim. 1:7)
17. I am free of the desires of the flesh. (Gal. 5:24)
18. I am unique. (Psalm 139:13)
19. I am chosen. (John 15:16)
20. I am a light of the world. (Matt. 5:14)
21. I am special. ( Eph. 2:10)
22. I am accepted. (Eph. 1:6)
23. I am free in Christ. (Gal. 5:1)
24. I am empowered. (Philp. 4:13)
25. I am precious. (1 Corin. 6:20)
26. I am forgiven. ( Col. 2:13)
27. I am protected. (Psalm 139:13)
28. I am cared for. (Eph. 3:17-19)

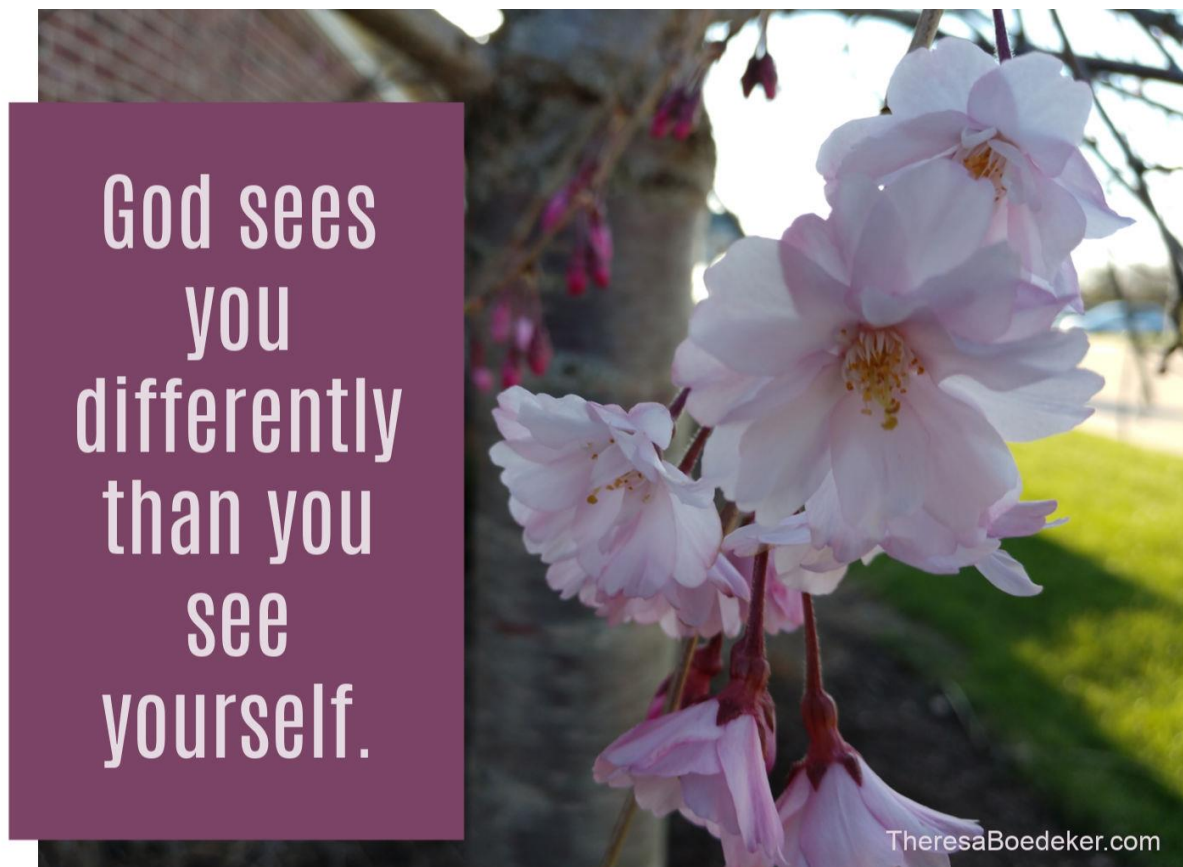
29. I am important. (1 Peter 2:9)

30. I am created in his image. (Genesis 1:27)

31. I am created for a purpose. (Jeremiah 29:11)

I know. It sounds too good to be true. But that is the kind of God we follow.

All this is true because you are being transformed by his grace and spirit.



Put together by Theresa Boedeker at <https://Theresaboedeker.com> Visit and remember what's important about yourself, life, and grace.