



Unwrapping life with words

"Theresa's words to the ladies hit on a very real need in our lives. She was able to discern the struggles of the audience and impart encouragement that we are not alone, but part of a greater community which shares our temptations, fears, and hopes. Her authenticity helped us to know that she understands who we are. And her wit helped us find the humor often hidden amidst our daily work. Theresa has a gift for coming alongside her listeners to offer practical help, as well as, to refresh our hearts."

— Kristin Gadsden; CHE Ladies Tea Committee Member

"I so enjoyed her talk on expectations and the wisdom Theresa shared. I wasn't expecting funny, but then she was so disarmingly funny."

— Julie Bailey

THERESA BOEDEKER

Speaker, Author, & Mentor

Theresa Boedeker is a humor hunter, storyteller, author, and speaker. She is the mother to two children, 15 years apart, a grandmother, and wife of 34 years. She writes and speaks about parenting, life lessons, self-help, and Christian topics from both a serious and funny viewpoint.

Theresa has been featured on podcasts such as *Why I Believe* and *Motherhood Unfiltered*. She currently hosts her own podcast, *Life as it Comes*, full of funny life stories and memorable takeaways. She has led workshops, given author readings, facilitated small groups, and spoken at conferences to include the *Show Me Writer's Conference*, *Bellevue Beyond Hope Women's Event*, and *Collinsville Women In Ministry Event*.

Her writing has appeared in multiple print publications and numerous websites. She was a winner of an *Erma Bombeck* humor contest. She blogs at TheresaBoedeker.com where she unwraps life with words and helps women remember the truth about themselves, life, and God's grace.

Theresa's life has not been without its own speed bumps and detours as she has overcome having to endure a difficult upbringing, infertility, depression, PTSD, and more. But through it all, God's goodness and grace have allowed her to thrive and grow despite her circumstances. It is this same grace and mercy that she invites women to experience in her writing and talks.

Popular Speaker Topics:

- ✿ Navigating the Speedbumps of Motherhood
- ✿ Untangling the Lies That Bind Us
- ✿ Finding Humor in Everyday Life: Even When All We See Are Mudpuddles
- ✿ Shedding Shame to Reclaim Our Identity and Joy
- ✿ Mistakes Worth Celebrating



To book an interview, speech
or media appearance:

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